



Municipality of Anchorage Parks & Recreation Department

NEW!!
Registration
made easier.
See Page 15 for
details!

Winter 2014

Activity Guide - Jan-Apr
www.muni.org/parks

What's Inside . . .

Index.....	2
Special Events.....	3
Education & Special Interests...	4
Preschool & Toddler.....	4
Fitness & Health.....	7
Outdoor Recreation.....	9
Sledding/Ice Skating.....	10
Ski Lessons.....	11
Aquatics.....	12
Dimond Pool.....	13
East Pool.....	13
Bartlett Pool.....	14
Service Pool.....	14
West Pool.....	14
Program Registration.....	15
Fairview Recreation Center.....	16
Spenard Recreation Center.....	17
Kincaid Outdoor Center.....	18
Selkregg Chalet.....	19



www.facebook.com/AnchorageParks
<https://twitter.com/#!/ancgreenparks>

Parks & Recreation Staff Directory

• General Information

Phone: 343-4474

Fax: 343-6523 / TDD: 343-3457

• Parks & Recreation Director

John Rodda - 343-4355

• Parks Superintendent

Holly Spoth-Torres - 343-4585

• Parks Maintenance

Operations Hotline - 343-8277

Activity Guide Going Green

In order to receive the Activity Guide, please choose one of the following:

View Online
www.muni.org/parks

Pick-up at any
Parks & Recreation Facility

Receive by Mail
Call 907-343-4160

Provide your name, address, zip code



Questions or Concerns

Here are a few numbers to help you on your way:

Anchorage Park Foundation 274-1003

Community Work Service 343-4057

Graffiti Busters 343-4663

Illegal Activities
APD non-emergency 786-8500

Special Event Permits/Field
Requests 343-4040

Parks & Recreation Information Line
343-4474

Parks & Recreation Admin 343-4355

Horticulture 343-4717

Parks Maintenance 343-4554

Pool Information Line 343-4402

Parks Projects & Public Involvement
343-4585

Trail Watch 343-4492

Volunteer Program 343-4587

Eagle River Parks & Recreation
Office 343-1500
ER Volunteer Information 343-1500

Girdwood Parks & Recreation Office
783-8146

Register on-line at:

<https://apm.activecommunities.com/MunicipalityAnchorage/home>

NOTICE: All information in this Activity Guide is subject to change. Check the website for any updates that may have occurred after the publication date.



January

11 SNOWSHOE DEMO DAY

Join us for an afternoon of winter fun at Russian Jack Springs Park. Try out snowshoes, courtesy of AMH and REI. Learn how to dress for cold weather, places to snowshoe, and enjoy hot chocolate to warm up!

Ages: 5 yrs +

Location: Selkregg Chalet, 343-6992

Margaret Timmerman, 343-4217

Activity	Day	Time	Fee
42.91.01	Sa	12N-3p	FREE

February

8 SKI 4 KIDS

Join us for a fun filled day of winter events including a ski race, obstacle course, slingshot biathlon, snowshoeing and orienteering. Donations used to support the Anchorage Parks & Recreation Ski Outreach Program. Go to www.anchoragenordicski.com and click on Ski 4 Kids for information.

Location: Kincaid Outdoor Center, 343-6397

Margaret Timmerman, 343-4217

Activity	Day	Time	Fee
NA	Sa	10:30a	Donation

14 IN-SERVICE DAY CARNIVAL

Have a treat and join the fun at the Valentine Carnival. Enjoy music, games, arts & crafts, face painting, games and more.

*Ages: 2-14 yrs Location: Spenard Recreation Center, 343-4160
Jennifer Thorne, 343-4495*

Activity	Day	Time	Fee
NA	Fri	1-3p	\$1 gets you 12 tickets

Pre-registration and payment is required for Special Events with a fee unless otherwise noted. Free Special Events are drop-in activities.

Register on-line at:

<https://apm.activecommunities.com/MunicipalityAnchorage/home>

March

15 HAPPY BIRTHDAY DR SUESS!

"The more that you read, the more things you will know. The more that you learn, the more places you'll go." -Dr Seuss. We're throwing a birthday party for Dr Seuss filled with wacky crafts, stories, and cake!

Ages: 2-7 yrs

Min 5/Max 50

Location: Fairview Recreation Center, 343-4130

Jennifer Thorne, 343-4495

Activity	Day	Time	Fee
66.61.01	Sa	1-3p	\$5

22 GLUE, GOOP & GLITTER FEST

Celebrate the fun of messy arts & crafts. Play with paint, glue and other hands-on gooey activities. Parents must stay with children.

Ages: 3 yrs +

Location: Spenard Recreation Center, 343-4160

Jennifer Thorne, 343-4495

Activity	Day	Time	Fee
62.71.02	Sa	1-3p	\$5

29 CARDBOARD SLED DERBY

Whoosh! Race down the Kincaid Park sledding hill in your sled made only from cardboard and duct tape and/or white glue. We'll judge speed and distance in age divisions: 8-12, 13-17, 18 + and family. Helmets are required

Ages: 8 yrs +

Location: Kincaid Outdoor Center, 343-6397

Margaret Timmerman, 343-4217

Activity	Day	Time	Fee
NA	Sa	1p	\$5

April

12 EGGSTRAVAGANZA

Bounce into spring! Watch out for bouncing bunnies as you join in on spring-themed arts and crafts, outdoor games, and an egg hunt! Pre-registration strongly recommended.

Ages: 3-12 yrs

Min 10/Max 50 per hunt

Location: Kincaid Outdoor Center, 343-6397

Jennifer Thorne, 343-4495

Activity	Day	Time	Fee
66.81.01	Sa	1p (3-5 yrs)	\$5 advance
66.81.02	Sa	1p (6-12 yrs)	\$10 day of
66.81.05	Sa	2p (3-5 yrs)	Event
66.81.03	Sa	2p (6-12 yrs)	
66.81.06	Sa	3p (3-5 yrs)	
66.81.04	Sa	3p (6-12 yrs)	

Education & Special Interests

ADULT FIRST AID/CPR/AED

This course incorporates the latest science and teaches students to recognize and care for a variety of first aid emergencies such as burns, cuts, scrapes, sudden illnesses, head, neck, back injuries, heat and cold emergencies and how to respond to breathing and cardiac emergencies for victims about 12 years and older. Successful students will receive a certificate for Adult First Aid/CPR/AED valid for two years through American Red Cross.

Ages: 12 yrs + Min 5/Max 10
Instructor: Jennifer Thorne, 343-4495
Location: Spenard Recreation Center, 343-4160

Activity	Date	Day	Time	Fee
25.71.07	Jan 31	Fri	9a-4p	\$90
25.71.08	Feb 28	Fri	9a-4p	\$90
25.71.09	Mar 28	Fri	9a-4p	\$90

NATIVE AMERICAN TWINED BASKET WEAVING

Using rattan reeds, learn techniques to weave a basket similar to those made by the Tlingit, Haida and Aleut/Aluutiq cultures. A hand-out on natural dyes is also provided.

Ages: 13 yrs + Min 5/Max 15
Instructor: Dorrie Dean
Location: Fairview Recreation Center, 343-4130

Activity	Date	Day	Time	Fee
25.61.10	Feb 12	Wed	6-7:30p	\$24

Youth/\$29 Adult-\$15 Materials Fee Due Day of Class

YUKON-KUSKOKWIM COILED BASKET WEAVING

Using modern materials, learn to weave a coiled basket similar to those from the Yukon-Kuskokwim area of Alaska.

Ages: 13 yrs + Min 5/Max 15
Instructor: Dorrie Dean
Location: Fairview Recreation Center, 343-4130

Activity	Date	Day	Time	Fee
25.61.11	Feb 19	Wed	6-7:30p	\$24

Youth/\$29 Adult-\$15 Materials Fee Due Day of Class

PINE NEEDLE BASKET WEAVING

Using a long-standing method traditional in the Southeastern U.S., learn to weave a coiled basket using 10-14" pine needles, threaded through a pre-drilled wooden base

Ages: 13 yrs + Min 5/Max 15
Instructor: Dorrie Dean
Location: Fairview Recreation Center, 343-4130

Activity	Date	Day	Time	Fee
25.61.12	Feb 26	Wed	6-7:30p	\$29

Youth/\$36 Adult-\$15 Materials Fee Due Day of Class

Preschool & Toddler

TODDLER/PRESCHOOL ACTIVITIES

Expel some extra energy and bond with your pre-schooler and toddler. Experience a variety of play equipment including scooters, parachutes, hula hoops, jump ropes, cage balls, and others to enhance balance, coordination, and cooperative skills in a fun atmosphere. Parents must stay with children. Buy 9 get 1 free with punchcards.

Ages: 0-5 yrs Min 5/Max 55
Location: Spenard Recreation Center, 343-4160

Activity	Date	Day	Time	Fee
Toddle Time (ages 0-3 yrs)	Tu/Th	10:30a-12N	*See Below	
Kinder Time (ages 0-5 yrs)	Mon	6-7:30p	*See Below	
KinderGym (ages 3-5 yrs)	W/F	10:30a-12N	*See Below	

*\$5 family/\$45 punchcard, ongoing activity

STORY TIME

Join Mr. Clay for stories, songs and activities. Story books take children on a reading adventure with delightful characters and beautiful pictures. Activities will include songs or a craft to take home. Parents must accompany children.

Ages: 2-5 yrs Min 6/Max 24
Location: Selkregg Chalet 343-6992
Margaret Timmerman 343-4217

Activity	Date	Day	Time	Fee
53.91.04	Jan 6-Mar 31	Mon	11-11:45p	\$2



Register on-line at:

<https://apm.activecommunities.com/MunicipalityAnchorage/home>

Education & Special Interests

AFTER SCHOOL DROP ZONE

A supervised venue where children will be provided with a safe, fun place to go right after school. The After School Zone will offer various activities such as arts & crafts, homework help, sports, games, and special events. The After School Zone does not include ASD In-Service Days or school holidays.

Ages: 6-12 yrs +

Location: Spenard Recreation Center, 343-4160

Activity	Date	Day	Time	Fee
26.71.06	Jan 6-Jan 31	M-F	3:30-5:30p	\$25
26.71.02	Feb 3-Feb 28	M-F	3:30-5:30p	\$25
26.71.03	Mar 3-Mar 31	M-F	3:30-5:30p	\$20
26.71.04	Apr 1-Apr 30	M-F	3:30-5:30p	\$25
26.71.06	May 1-May 21	M-F	3:30-5:30p	\$25

DIGITAL PHOTOGRAPHY BASICS

So you bought a camera but only know how to use the automatic function. Expand your understanding. Learn the basics of photography, make creative photos and have photos you're proud to hang on the wall. This will be a hands on class, where we learn, and then practice what we learned.

Ages: 13 yrs +

Min 3/Max 15

Instructor: Stephen Bahner

Location: Selkregg Chalet, 343-6992

Margaret Timmerman, 343-4217

Activity	Date	Day	Time	Fee
21.91.01	Jan 5-Mar 2	Su	12:30-2p	\$49

NATURAL LIGHT PORTRAITS

All level photographers. Topics will focus on Environmental Portraiture, and including natural lightning techniques, equipment and working with models. This course is suitable for both digital and film users. Preregistration is required.

Ages: 10 yrs +

Min 4/Max 30

Location: Kincaid Outdoor Center, 343-6397 /

Margaret Timmerman, 343-4217

Activity	Date	Day	Time	Fee
25.81.02	Apr 5-26	Sa	5-7p	\$75

SCOTTISH COUNTRY DANCING

Come enjoy the traditional social dancing of Scotland to lively Celtic music. Beginners welcome, no partner necessary.

Ages: 12 yrs +

Min 8/Max 20

Instructor: Vivian Mendenhall, 345-7124

Location: Fairview Recreation Center, 343-4130

Activity	Date	Day	Time	Fee
25.61.02	Jan 13-Apr 7	Mon	7-8:30p	\$40

SPRING BREAK CAMP

Having trouble finding fun and exciting things to do while school is out? Anchorage Parks and Recreation will be offering a full Spring Break Camp. Heighten your Spring Break fun while participating in arts and crafts, creating cardboard sleds, swimming, sledding, and various winter outdoor activities. Each child needs two snacks and a lunch. Drinks should be water or juice.

Ages: 6-12 yrs +

Min 8/Max 20

Location: Spenard Recreation Center, 343-4160

Activity	Date	Day	Time	Fee
26.71.07	Mar 10-14	M-F	8-5:30p	\$155

TRADITIONAL ENGLISH MORRIS DANCE

Learn Traditional English Folk Dances to live music. Classes will cover Cotswold and Border Style Morris Dances. Participants will dance figures in sets, with rhythmic sticking and energetic stepping. No partner required. Bring comfortable, non-marking indoor shoes.

Ages: 17 yrs + (10-16 yrs with a participating adult)

Instructor: Dawn Berg

Min 3/Max 20

Location: Fairview Recreation Center, 343-4130

Activity	Date	Day	Time	Fee
31.61.05	Jan 8-Feb 26	Wed	6:30-8p	\$40
31.61.06	Mar 19-May 7	Wed	6:30-8p	\$40

Register on-line at:

[https://apm.activecommunities.com/
MunicipalityAnchorage/home](https://apm.activecommunities.com/MunicipalityAnchorage/home)

Education & Special Interests

BREAKDANCING

Learn to toprock, freeze, and float with Anchorage local, Brigirl Snap in this introductory breakdancing class.

Ages: 7 yrs +

Min 5/Max 15

Instructor: BriGirl Snap (Brianna McMillian)

Location: Fairview Recreation Center, 343-4130

Activity	Date	Day	Time	Fee
26.61.06	Jan 9-30	Th	4:30-5:30p	\$10
26.61.07	Feb 6-27	Th	4:30-5:30p	\$10
26.61.08	Mar 6-37	Th	4:30-5:30p	\$10
26.61.09	Apr 3-24	Th	4:30-5:30p	\$10



YOUTH EMPLOYMENT IN PARKS (YEP)

YEP is a 10 week summer program that hires Anchorage teens (ages 16-19) to complete park improvement projects. Teens learn natural resource management job skills by building trails and restoring stream banks while engaging in education increasing civic engagement, environmental awareness, and leadership skills. Teens must be 16-19 years old on June 1st, enrolled in high school or GED education, and a resident of the Municipality of Anchorage including Eagle River and Girdwood. Apply online at Muni.org or at upcoming application workshops.

Ages: 16-19 yrs +

Supervisor: C. Allen Truitt, 343-4504

Location: Various Parks

Activity	Date	Day	Time
Applications	Mid Jan-Mid Mar	M-F	8a-5p
Field Season	Jun 3-Aug 8	M-F	8a-5p



HAPKIDO-TAEKWONDO

Combined Taekwondo and Hapkido class for youth K-6. Builds muscle strength, increases coordination, builds self-esteem and teaches self-defense. Hand and foot defensive techniques taught.

Ages: Youth-K-6 Min 7/Max 12
Instructor: Colonel Ray Saft
Location: Spenard Recreation Center, 343-4160

Activity	Date	Day	Time	Fee
36.71.05	Jan 9-30	Th	4:30-6p	\$55
36.71.06	Feb 6-27	Th	4:30-6p	\$55
36.71.07	Mar 6-Apr 3*	Th	4:30-6p	\$55
36.71.08	Apr 10-May 1	Th	4:30-6p	\$55

*No class Mar 13

ALASKA BOXING ACADEMY

Taught by Level 2 USA Boxing coach and member of the 2008 Beijing Olympic Boxing team, David Carey, the Alaska Boxing Academy provides a supportive environment where Anchorage youth can develop skills essential for life inside and outside the ring, such as discipline, self confidence, and respect for others.

Ages: 8-13 yrs Min 5/Max 12
Instructor: David Carey
Location: Fairview Recreation Center, 343-4130

Activity	Date	Day	Time	Fee
36.61.12	Jan 14-30	Tu/Th	4:30-5:30p	\$45
36.63.13	Feb 4-27	Tu/Th	4:30-5:30p	\$45
36.63.14	Mar 4-27	Tu/Th	4:30-5:30p	\$45
36.63.15	Apr 1-29	Tu/Th	4:30-5:30p	\$45
36.63.16	May 1-29	Tu/Th	4:30-5:30p	\$45



BOXING

Learn the sweet science of boxing through a rounded regiment of proven techniques and strategies. Students will learn proper stance and balance for self-defense. A great cardio workout from beginners to advanced.

Ages: 13 yrs + Min 5/Max 12
Location: Spenard Recreation Center, 343-4160

Activity	Date	Day	Time	Fee
31.71.06	Jan 4-25	Sa	12N-2p	See Below*
31.71.07	Feb 1-22	Sa	12N-2p	See Below*
31.71.08	Mar 1-29	Sa	12N-2p	See Below*
31.71.09	Apr 5-26	Sa	12N-2p	See Below*

*\$15/mo or \$5/drop-in

HATHA YOGA LEVEL 1

A general Hatha Yoga class that focuses on postures, breathing and relaxation techniques to promote strength, flexibility and reduce stress. Class is appropriate for beginners with a basic foundational knowledge of yoga. Bring a yoga mat and wear loose, comfortable clothing. If you don't have a mat, contact the instructor to borrow one.

Ages: 15 yrs +
Instructor: Lisa McGuire, MPH, RYT
Location: Selkregg Chalet, 343-6992
Margaret Timmerman, 343-4217

Activity	Date	Day	Time	Fee
31.91.01	Mar 11-Apr 8	Tu	6-7:15p	\$50
31.91.02	Apr 15-May 13	Tu	6-7:15p	\$50

KARATE AND AIKIDO

Japan Marital Arts offer two complimentary styles; Karate and Aikido. Karate uses kicks, hand strikes and soft blocks for defense. Aikido manipulates the opponent's force against himself. Students have the choice to pursue both styles simultaneously or focus on one. Family based classes where children and adults practice together focusing on self-defense.

Ages: 5 yrs + Min 5/Max 15
Instructor: Delfin Labrador Shihan
Location: Spenard Recreation Center, 343-4160

Activity	Date	Day	Time	Fee
NA	Ongoing	Mon	7-8:30p	See Below*
NA	Ongoing	Th	7-8:30p	See Below*
NA	Ongoing	Sa	3:30-5:30p	See Below*

*\$35 Youth/\$45 Adult Mo

Fitness & Health

KRIPALU YOGA

Kripalu Yoga is a meditative style of yoga which includes classical postures, breathing techniques, meditation, and relaxation to open the heart and promote harmony, strength and flexibility in body, mind, and spirit. Class is appropriate for beginners to intermediates. Bring two blankets and wear loose, comfortable clothing.

Ages: 15 yrs +

Min 5/Max 14

Instructor: Paula Saylor

Location: Fairview Recreation Center, 343-4130

Activity	Date	Day	Time	Fee
31.61.03	Mar 4-28	Tu	6-7:15p	\$46
31.61.04	Apr 2-29	Tu	6-7:15p	\$57



SHOTOKAN KARATE

Shotokan Karate focuses on self-defense, self-respect, and discipline. Promotes physical fitness, increases self-confidence, and encourages positive self image. Beginners welcome.

Ages: 7 yrs +

Min 5/Max 15

Instructors: Charles Holness, Susan Jones & Tina Racey

Location: Spenard Recreation Center, 343-4160

Activity	Date	Day	Time	Fee
Adv	Ongoing	Tu	7-8p	*See Below
Beg	Ongoing	W/F	5:30-6:30p	*See Below
Int	Ongoing	W/F	6:30-8p	*See Below

**\$20 Youth/\$45 Adults Month / Advanced*

**\$20 Youth/\$35 Adult Month / Beginning & Intermediate*



OPEN BADMINTON

Grab your racquet and drop in on some fun, playing recreational badminton. All levels of players welcome. Bring your own racquets and shuttlecocks.

Ages: All

Location: Spenard Recreation Center, 343-4160

Activity	Date	Day	Time	Fee
NA	Jan-Apr	Sa	12N-2p	\$5 Drop-in

SENIOR VOLLEYBALL & TENNIS

Here is a great chance to get exercise in a fun, safe and social environment. Round robin style play, gives everyone a chance to rotate in and play. Wear non marking shoes.

Ages: 62 yrs +

Location: Fairview Recreation Center, 343-4130

Activity	Date	Day	Time	Fee
Volleyball	Jan-Apr	M/W	7-9p	\$3 Drop-in
Tennis	Jan-Apr	M/Th	11a-12:30p	\$3 Drop-in

Outdoor Recreation

AFTERNOON SKI CLUB

Open to children who would like to learn to country ski in the classic style. No experience necessary. Students learn to diagonal stride, stop, and turn, use poles, climb hills and move over varied terrain. Scholarships and equipment are available.

Ages: 6-12 yrs

Min 10/Max 20

*Location: Selkregg Chalet/Russian Jack Springs Park
343-6992 / Margaret Timmerman, 343-4217*

Activity	Date	Day	Time	Fee
46.91.83	Jan 21-Feb 6	Tu/Th	4-5p	\$60
46.91.84	Feb 11-Feb 27	Tu/Th	4-5p	\$60
46.91.85	Mar 18-Apr 3	Tu/Th	4-5p	\$60

LITTLE NORDIC SKI CLUB

Open to children who want to learn to cross country ski. No experience necessary. Choose Tuesday evening OR Saturday practice. Practice locations may change according to snow/ weather conditions. Skiers need to provide their own equipment. Parent meetings are held the first meeting of the session. Parents are encouraged to ski with Little Nordic. Children must be 4 years old at the start of the session.

Ages: 4-5 yrs

Min 10/Max 30

Location: Various / Margaret Timmerman, 343-4217

Activity	Date	Day	Time	Fee
43.81.89	Jan 14-Mar 4	Tu	6:30-7:30p	\$50
43.81.90	Jan 18-Mar 8	Sa	1-2p	\$50

MUNI MASTERS CROSS COUNTRY SKI PROGRAM

This ski program is designed for adults who wish to improve their physical condition, meet new ski partners and improve their skate skiing skills. The Muni Masters program will cover skating techniques, training, personal goals and introduction to ski racing and tours.

Ages: 18 + yrs

Min 15/Max 30

*Location: Kincaid Outdoor Center, 343-6397
Margaret Timmerman, 343-4217*

Activity	Date	Day	Time	Fee
41.81.84	Jan 7-Feb 27	Tu/Th	7-8:30p	\$160 (Int)
41.81.85	Jan 8-Feb 26	W	6:30-7:30p	\$80 (Beg)

Register on-line at:

[https://apm.activecommunities.com/
MunicipalityAnchorage/home](https://apm.activecommunities.com/MunicipalityAnchorage/home)

RUSSIAN JACK SPRING BREAK CAMP

Celebrate Spring Break at Russian Jack Springs Park! Play games, go sledding, try cross country skiing, learn how animals survive the snow season, build habitats and more. Dress for outdoor time; bring a snack and water or juice in a plastic bottle. Drop off is from 12:30p to 1p, program 1-4p, pick up from 4-4:30p.

Ages: 6-14 yrs

Min 10/Max 20

*Location: Selkregg Chalet/Russian Jack Springs Park
343-6992 / Margaret Timmerman, 343-4217*

Activity	Date	Day	Time	Fee
46.91.86	Mar 10-Mar 14	M-F	12:30-4:30p	\$95

SNOWSHOE HIKES

Looking for places to go snowshoeing around Anchorage, or perhaps a little uneasy about going out by yourself? Join 25 year Alaskan adventurer Eric Menck for one or all of five guided snowshoe tours in four different Anchorage Municipal Parks. Learn a bit of the history of the parks and experience the outdoors and wildlife in a group. If you don't have your own equipment, rentals are available at either AMH or REI! Please leave your pets at home, but remember to bring a fanny pack, sunglasses, water or other drinks and dress in layers!

Ages: 10 + yrs

Instructor: Eric Menck

*Location: Various Parks / Selkregg Chalet 343-6992
Margaret Timmerman, 343-4217*

Activity	Date	Day	Time	Fee
45.91.53	Jan 25	Sa	12N-2p	\$15
			Campbell Crk Estuary	
45.91.54	Feb 15	Sa	12N-2p	\$15
			Abbott Loop Pk	
45.91.55	Feb 22	Sa	12N-2p	\$15
			Far North Bicentennial Pk	
45.91.56	Mar 8	Sa	12N-2p	\$15
			Ruth Arcand Pk	
45.91.57	Mar 22	Sa	12N-2p	\$15
			Far North Bicentennial Pk	



Outdoor Recreation

WESTCHESTER LAGOON FAMILY SKATE

Come out and shake the winter blues while getting some exercise at these fabulously fun free skate days! We'll have music, warming barrels, free hot chocolate, games and special theme days! Fun for all ages! In partnership with Conoco Phillips

Location: Westchester Lagoon / Jennifer Thorne, 343-4495

Date	Day	Time	Theme
Jan 4	Sa	1-3p	Season Kickoff
Jan 11	Sa	1-3p	Medieval Ice
Jan 18	Sa	1-3p	Winter Fiesta
Jan 25	Sa	1-3p	Pirates of Port Anchorage
Feb 1	Sa	1-3p	Football Frenzy
Feb 8	Sa	1-3p	Sweetheart Skate
Feb 15	Sa	1-3p	Wild, Wild, West
Feb 22	Sa	1-3p	Seuss Skate
Mar 1	Sa	1-3p	Day at the Beach
Mar 8	Sa	1-3p	Mascot Day

Sledding Areas

1. Sunset Park - Vine Ave & Birch St
(Beginning & Moderate Slopes)
2. Conifer Park - 3rd Ave & Lane St
(Beginning & Moderate Slopes)
3. Centennial Park - Starview Dr
(Moderate to Advanced Slopes)
4. Sitka Park - 15th Ave & Sitka St
(Beginning & Moderate Slopes)
5. Nunaka Park - Craig Dr & Link Cir
(Moderate to Advanced Slopes)
6. Windsong Park - E 17th & Greendale St
(Moderate Slopes)
7. Balto Seppala Park - Wisconsin/W 32nd
(Beginning to Moderate Slopes)
8. Conners Lake - Jewel Lk/Int'l Airport Rd
(Moderate Slopes)
9. Kincaid Park - W Raspberry Rd
(Moderate to Advanced Slopes)
10. Oceanview Park - Jarvi Dr/Oceanview
(Beginning & Moderate Slopes)



Outdoor Activity Rules

- Sledding, snowboarding and skiing can cause severe injuries.
- Steel-runner sleds or inner tubes are strictly prohibited in parks.
- Sled, snowboard and ski in designated areas only.
- Pets and alcoholic beverages are strictly prohibited on sledding hills.
- All sledders, snowboarders and skiers are recommended to wear protective clothing, equipment and helmets.
- Sled, snowboard and ski at your own risk.

Outdoor Ice Skating

Outdoor hockey rinks are available for rental on a per hour charge for team practices. Contact Parks & Recreation at 343-4040 for info. Day & night skating available. Rinks lit from dusk to 10p.

Chester Creek Sports Complex Two hockey rinks	(Mulcahy Park - E 16th Avenue)
Tiklisha Park Scotty Gomez Hockey Rink	(E 20th Avenue & Sunrise Drive)
Cuddy Family Mid-town Park Two Rinks - 1 oval, 1 pond	(201 W 40th Avenue)
Delaney Park Strip - hockey rink	(9th Avenue & E Street)
Cheney Lake	(Baxter Road & Beaver Drive)
Westchester Lagoon	(U Street & W 15th Avenue)

Beginning Adult Classic Ski Lessons

Students learn to diagonal stride, stop, turn, use poles, climb hills and move over varied terrain. Other topics include proper clothing, equipment and waxing for conditions. Taught as a 4 lesson series for those who would like more practice with an instructor.

M/W 6:30-8p \$80

41.81.03 Kincaid Jan 6, 8, 13, 15
41.81.04 Kincaid* Jan 22, 27, 29
41.81.05 Kincaid Feb 3, 5, 10, 12
41.81.06 Kincaid* Feb 19, 24, 26
41.81.07 Kincaid Mar 3, 5, 10, 12
*Holiday - session prorated to \$60

Tu/Th 6:30-8p \$80

41.93.12 Russian Jack . Jan 7, 9, 14, 16
41.83.13 Kincaid Jan 7, 9, 14, 16
41.93.14 Russian Jack Jan 21, 23, 28, 30
41.83.15 Kincaid Jan 21, 23, 28, 30
41.93.16 Russian Jack . Feb 4, 6, 11, 13
41.83.17 Kincaid Feb 4, 6, 11, 13
41.93.18 Russian Jack Feb 18, 20, 25, 27
41.83.19 Kincaid Feb 18, 20, 25, 27
41.93.20 Russian Jack . Mar 4, 6, 11, 13
41.83.21 Kincaid Mar 4, 6, 11, 13
**Holiday - session prorated to \$40

Sa 10:30a-12N \$40

Try this 2 lesson series for those who want to learn the basics and have limited time.

41.93.24 Russian Jack Jan 4, 11
41.93.25 Russian Jack Jan 18, 25
41.93.26 Russian Jack Feb 1, 8
41.93.27 Russian Jack Feb 15, 22

Full refunds are available upon written request 2 weeks prior to class date. Refunds requested 7-13 days in advance receive 75%, 3-6 days receive 50%, 1-2 days receive 25% and cancellation day of class receive 0%. Class cancellations may occur due to weather conditions or low enrollment.

Students need to supply all ski equipment and proper clothing. Ask about rental ideas.

Beginning Adult Skate Ski Lessons

Learn how to glide, stop, climb hills, & poling, v-skating and diagonal skating techniques. Waxing, equipment and appropriate clothing will be covered.

F 6:30-8p \$25

41.83.32 Kincaid Jan 3
41.83.33 Kincaid Jan 10
41.83.34 Kincaid Jan 17
41.83.35 Kincaid Jan 24
41.83.36 Kincaid Jan 31
41.83.37 Kincaid Feb 7
41.83.38 Kincaid Feb 14
41.83.39 Kincaid Feb 21
41.83.40 Kincaid Feb 28

Sa 1:30-3p \$25

41.83.44 Kincaid Jan 4
41.83.45 Kincaid Jan 11
41.83.46 Kincaid Jan 18
41.83.47 Kincaid Jan 25
41.83.48 Kincaid Feb 1
43.93.49 Russian Jack Feb 15
43.93.50 Russian Jack Feb 22
43.93.51 Russian Jack Mar 1

Intermediate Adult Skate Ski Lessons

Learn marathon skating, V-1, V-2, and blending various techniques to move efficiently over a variety of terrain. Previous skate experience or beginning skate ski lessons are required.

Th 6:30-8p \$25

41.83.54 Kincaid Jan 9
41.83.55 Kincaid Jan 23
41.83.56 Kincaid Feb 13
41.83.57 Kincaid Feb 27



Children's Cross Country Ski Lessons (Beginning Classical Ski)

Learn to walk, glide, climb hills, turn classic stride, and use your ski poles. Proper equipment care and clothing are also covered.

*Sa 12:30-1:30p Ages 6-8
\$7.50 without ski rental
\$10 with ski rental*

46.91.62 Russian Jack Jan 4
46.91.63 Russian Jack Jan 11
46.91.64 Russian Jack Jan 18
46.91.65 Russian Jack Jan 25
46.91.66 Russian Jack Feb 1
46.91.67 Russian Jack Feb 15
46.91.68 Russian Jack Feb 22
46.91.69 Russian Jack Mar 1
46.91.70 Russian Jack Mar 8

*Sa 2-3p Ages 9-12
\$7.50 without ski rental
\$10 with ski rental*

46.91.75 Russian Jack Jan 4
46.91.76 Russian Jack Jan 11
46.91.77 Russian Jack Jan 18
46.91.78 Russian Jack Jan 25
46.91.79 Russian Jack Feb 1
46.91.80 Russian Jack Feb 22
46.91.81 Russian Jack Mar 1
46.91.82 Russian Jack Mar 8



Register on-line at:

<https://apm.activecommunities.com/MunicipalityAnchorage/home>

Aquatics

Pool Admission Fees

	Single Admission	Pass 10-Punch	Monthly Pass				
			1	2	3	6	12
Fees are per person. Kids under 7 must be accompanied in the water with a paying adult.							
Adult (19-61 yrs)	\$5	\$45	\$55	\$105	\$150	\$280	\$525
Youth (4-18 yrs) / Senior Citizen (62 & older) / Disabled	\$3	\$27	\$40	\$ 75	\$110	\$205	\$385
Toddler (0-3 yrs)	\$1						
West Slide is admission plus	\$2						
Kayaking	\$15						



General Information

The Municipality of Anchorage provides six indoor recreational and fitness pools, 5 in the Anchorage Bowl and 1 in Chugiak. Each pool offers a wide variety of programs such as open swim, lap swim, swim lessons, swim teams, special events and water aerobics. See pages 12-13 for program details

Pool Contacts

East Pool
343-4502
4025 E 20th Avenue

Chugiak Pool
343-4507
16525 South Birchwood Loop

Dimond Pool
343-4508
2909 W 88th Avenue

Service Pool
343-4509
5577 Abbott Road

Bartlett Pool
343-6981
25-500 Muldoon Road

West Pool
343-6981
1700 Hillcrest Drive

Pool Closures

January 1, New Years Day
January 20, Martin Luther King Day
February 17, President's Day
May 26, Memorial Day

Occasionally a pool may close or have limited operating hours due to repairs, maintenance, or special events. When possible, the times and dates will be posted in advance to inform you of the closure. For up-to-date changes call the Swim Information Line at 343-4402 or visit www.muni.org/Departments/parks/Pages/Pool.aspx

Dimond Pool Schedule

2909 West 88th Avenue
343-4508

Lap Swim

Punch card or pass required*

M-F* 5:30-7:30a
M-Th 6:30-7:30p
Sa 11:30a-1:30p

Open Swim

M-Th 7:30-9p
F 6-7:30p
Sa 2:30-4p

Water Aerobics

M-Th 6:30-7:30p

AST

M-F 2:30-6:30p

Home School Lessons

M or W Jan 6-Jan 29, Feb 3-Feb 26
Mar 3-Mar 27, Apr 7-Apr 30 - 10:30a-12N
M Classes are \$28.50, Wed are \$38

Dimond Swim Lesson Schedule

Dates	Days	Fee
Jan 4-Jan 25	Sa	\$48
Jan 6-Jan 22	M/W	\$47.50
Jan 7-Jan 23	Tu/Th	\$57
Feb 1-Feb 22	Sa	\$48
Feb 3-Feb 26	M/W	\$47.50
Feb 4-Feb 27	Tu/Th	\$57
Mar 8-Mar 29	Sa	\$48
Mar 3-Mar 26	M/W	\$47.50
Mar 4-Mar 27	Tu/Th	\$57

Municipal swim lessons are ½ hour classes on Tu/Th from 4:30-7:30p or Sat from 11:30a-1:30p. Call or bring your child to an open swim for an evaluation and lesson placement.

East Pool Schedule

4025 East 20th Avenue
343-4502

Lap Swim (2 lanes)

M-F 5-7p

Open Swim

Tu/Th/F 7-8:30p
M/W (Mar 10-14) 1:30-3p

Water Aerobics

M/W 6-7p
F 5:30-6:30p

Spring Board Diving

Tu/Th 5:30-7p
Arctic Dive Club Coach Laine Adkins
230-0648 or arcticdc@gmail.com
or www.arcticdc.com.

School Classes/Practice/Meets

M-F 7:30-10:30a &
12:30-2p

Home School Lessons

Tu Jan 7-Apr 29 10:30-11:30a
W Jan 8-Apr 30 10:30a-12N
Th Jan 9-May 8 10:30a-12N
Classes are \$142.50 per session

East Swim Lesson Schedule

Dates	Days	Fee
Jan 6-Jan 22	M/W	\$47.50
Jan 7-Jan 23	T/Th	\$57
Jan 10-Jan 24	F	\$38
Feb 3-Feb 19	M/W	\$47.50
Feb 4-Feb 20	T/Th	\$57
Feb 7-Feb 21	F	\$38
Mar 3-Mar 26	M/W	\$57
Mar 4-Mar 27	Tu/Th	\$57
Mar 7-Mar 28	F	\$38
Apr 7-Apr 23	M/W	\$57
Apr 8-Apr 24	Tu/Th	\$57
Apr 11-Apr 25	F	\$38
May 5-May 21	M/W	\$57
May 6-May 22	Tu/Th	\$57
May 9-May 23	F	\$38

Swim Lessons are ½ hour classes on M/W or Tu/Th from 5-7p or 40 minute classes on Fri from 5-5:40p & 5:45-6:25p. Adult lessons are held on Fri, above, as well from 6-6:30p for \$28.

Aquatics

Bartlett Pool Schedule

25-500 North Muldoon
343-6981

Lap Swim

M-Th 5-7p

KNIK Swim Practice

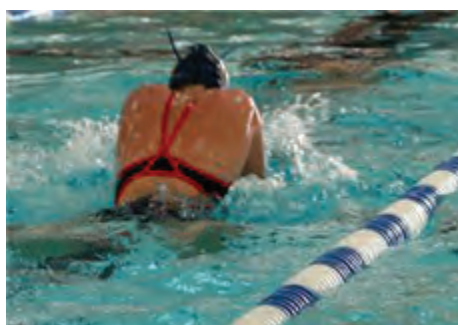
M-F 5-7p

School Classes/Practices/Meets

M-F 11:15a-2p

Open Kayak Night

W (\$15/person) 7-8:30p



Service Pool Schedule

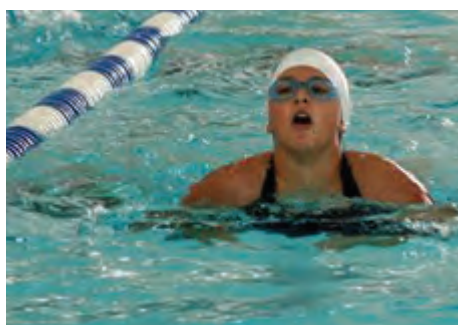
5577 Abbott Road
343-4509

School Classes/Practices/Meets

M-F 12N-2p

Rentals

E-mail Caleb Thomas @ thomassc@muni.org for information and availability



West Pool Schedule

1700 Hillcrest Drive
343-4506

Lap Swim

M-F* 5:30-7a
M/W 6:30-7:30p
F 5:30-7:30p
M-F 11a-12N
Sa 10-11a
Sa Senior Swim 11a-12N
Su 5:30-7p

Punch card or pass required*

Open Swim

Tu/Th 6:45-8:15p
F 7:30-9p
Sa 1:30-3p
Su 4-5:30p

Parent & Me Open Swim

M-F 11a-12N
M/W 6:30-7:30p
F 5:30-7:30p
Su 5:30-7p

Rentals

M/W 7:30-9p
Sa 12:15-1:15p or 3:15-7:45p
Su 11a-3:45p
M/W (United PT) 10-11a

Rentals are typically 1 hr in pool with 1 hr in the Party Room to follow. Longer rentals are available.

Swim Lessons

M/W or Tu/Th 4:30-6:30p
Contact SwimAmerica, 258-SWIM for info and to register.

Adapted Aquatics \$35 / session

Session 1	Jan 4-Jan 25 (Sat)	Session 2	Feb 1-Feb 22 (Sat)
Session 3	Mar 1-Mar 29 (Sat)	Session 4	Apr 5-May 26 (Sat)

West Pool

Pre-school I	ages 3-5 yrs	10-10:40a
Beginner	ages 6-15 yrs	10-10:40a
Beginner	ages 6-15 yrs	10:40-11:20a
Intermediate/Advanced	ages 6-15 yrs	10:40-11:20a
Beginner	ages 6-15 yrs	11:20-12:00a
Intermediate/Advanced	ages 6-15 yrs	11:20-12:00a

Last day of each session is practice session and family members are in the water.

Swim Class Descriptions

All Pre-school classes are for ages 3 to 5 yrs. and are held in the kiddie pool.

Adapted Pre-school I is a water adjustment class for children to learn to blow bubbles, walk in chest deep water, hold breath with face submerged along with front and back floats and leg and arm movements.

Adapted Pre-school II is a beginner course that teaches floating on front and back independently along with kicking and swimming across kiddie pool. Students will be introduced to rhythmic breathing and have fun learning deep water jumping.

The following classes are available for ages 6 yrs + and are held in deeper water.

Adapted Beginner swim lessons review water adjustment skills then move to front & back floats, glides, arm strokes and kicks.

Adapted Intermediate classes focus on rhythmic breathing and strengthening front and back crawl strokes for 25 yd swims. Students are introduced to the breast stroke, treading water and deep water orientation.

Parent & Me Open Swim

Available for families with young children. Parents must accompany their children in the water. Space is limited as it is shared with lap swim. Slide and diving boards are not available during this swim. For ages 3 yrs and under.

Register on-line at:

<https://apm.activecommunities.com/MunicipalityAnchorage/home>

Winter Program Registration



Don't let your class become a fatality. Waiting until the last minute to register is what causes the death of most classes. REGISTER EARLY!



ActiveNet makes registration simple and convenient

Step 1: Go to <https://apm.activecommunities.com/municipalityanchorage/home> and create an account. We encourage you to do this yourself. If you need assistance, email: registration@muni.org, call or stop by one of our registration sites.

1

Register Online: The benefits of this are that you get immediate confirmation of payment, class registration, class schedules - and all from the comfort of home. Please be aware that ActiveNet assesses a convenience fee for this service, and a valid email address is required. If you have questions about this process, visit the FAQ's page at www.muni.org/parks and choose the ActiveNet link on the left hand side for instructions and other helpful information. Please understand that the convenience fee is nonrefundable.

Step 4: Confirm registration:

If you registered online or in person, you should receive an immediate receipt or by email. If not, you may check the status of your registration anytime by logging into your account. From there you can print your receipt or receive your receipt by email. If you cannot access your account call us, and staff will be happy to assist you!

Step 2: After creating your account, you are ready to register for classes. Class numbers are 6 digits and are located in front of each class date.

Step 3: Register! There are 3 ways to register for your selected classes.

2

Register in person: At one of these Anchorage Parks & Recreation Facilities:

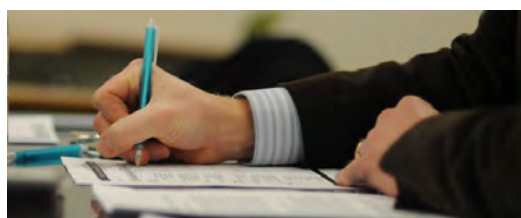
Fairview Community Recreation Center, 1121 E 10th Ave

Spennard Community Recreation Center, 2020 W 48th Ave

Lidia Selkregg Chalet
1600 Lidia Selkregg Lane

Kincaid Outdoor Center
9401 W Raspberry Road

Bring your registration form to a facility where staff can help you. We encourage you to create an account online at <https://apm.activecommunities.com/municipalityanchorage/home> before registering. This will help to speed your registration process and ensure correct information. You may make payment by check, cash, money order or credit card (MasterCard or Visa only).



3

Register by phone:

Fairview Rec Center, 343-4130
Spennard Rec Center, 343-4160
Selkregg Chalet, 343-6992
Kincaid Outdoor Center, 343-6297

To register with a credit card by phone, please have your class information and credit card ready, and have your online account created prior to calling to speed your registration process and to ensure correct information.

Step 5: Enjoy your class!

We love to hear your feedback. If you have any suggestions on how we can better serve you, please let us know.

Thank you,
The Parks & Recreation Staff

Fairview Recreation Center

**1121 East 10th Avenue
343-4130
343-6049 (fax)**

**Recreation Supervisor
Teri Desy 343-4297**

**Facility Manager
Dorena Bingham, 343-4130**

**Assistant Facility Manager
Jessie Haynes 343-4138**

**Hours of Operation
Monday-Friday 11a-9p
Saturday 12N-5p
Sunday 10a-3p**

Holiday Hours/Closures:

Jan 1	New Years Day	Closed
Jan 20	ML King Jr Day	12N-5p
Feb 18	President's Day	12N-5p
Mar 29	OEM Training	Closed
May 27	Memorial Day	12N-5p

ACTIVITY FEES

Adults (18+)	\$3
Punch Card Adult	\$40/15 visits
Teen (12-17 Yrs)	\$1
Punch Card Teen	\$12/15 visits
Youth (11 & under)*	Free

*Children under 8 must have adult supervision.

Facility admission allows access to all amenities, except where additional fees are noted or if an organized class is in session.

Exercise Facilities

The Center's main gymnasium is a college size basketball court that can be used for tennis, volleyball, indoor soccer and private parties. It has seating for over 200 spectators. The men's and women's locker rooms have their own sauna and showers. The weight training room offers a variety of weight machines, free weights, treadmills and exercise bikes. The dance/martial arts studio has a mirrored wall, ballet bar and access to tumbling mats.



Arts & Crafts Studio

The arts and crafts studio has professional pottery throwing wheels, ceramic molds, and commercial firing kilns.

Meeting Rooms

A conference room with adjoining commercial kitchen is available for large meetings, luncheons, receptions, and seminars (up to 130 people).

Youth & Teen Programs

After School Activities, Girls Circle, Kid's Kitchen, In-Service and Holiday Field Trips and Activities.

Adult Programs

Kripula Yoga, Adult Lunch Hour Pickup Basketball, Scottish Country Dancing & Traditional English Morris Dance

Pro Bono Legal Clinics

Call for clinic schedules.

Senior Programs

Senior Volleyball, Senior Tennis

Instructors Needed

We are looking for quality instructors to enhance the variety of classes and workshops offered throughout the year. Staff will work with you to make the experience of teaching enjoyable and rewarding. Come see us if you have an idea, or call 343-4297.

Rental Information

Each of the center's rooms are available for rent for special events. Our affordable meeting rooms are great for business seminars or birthday parties. The gym accommodates anything from volleyball practice to a regional basketball tournament. The dance studio is the perfect setting for a private dance lesson or martial arts seminar.

Please call for information on rates and reservation procedures.

Main Gym.....	\$75/hr
Multi-purpose Room ...	\$70/hr
Kitchen/Sm Conf Rm ..	\$40/hr
Dance/Crafts Studio ..	\$50/hr
Youth Gym.....	\$50/hr

Wireless Internet Available

Spenard Recreation Center



Spenard Community Recreation Center offers a wide range of fitness classes, sports activities, programs and special events which augment a superb schedule of year round leisure services and recreation for the community. We are always looking for ways to improve what we offer. Do you want a new program, or have an idea for one? If so, contact Jennifer Thorne, 343-4495.

Rental Information

Room rentals available to private groups for special events, business seminars or parties. The main gym can accommodate anything from volleyball to regional basketball tournaments. In addition, we have two regulation racquetball courts to meet your fitness needs. The dance/martial arts studio is great for Zumba, boxing, aerobics and dance movements of all types. Call for rates and reservation procedures.

For program information, stop by the front counter for a complete listing, the fees and how to register.

Rental Fees

Main Gym.....\$75/hr
Multi-purpose Room\$70/hr
Commercial Kitchen\$40/hr
Dance/Martial Arts Rm . \$50/hr
Arts & Craft Room\$50/hr
West Conference Room \$50/hr
Sm Conference Room...\$40/hr
Racquetball Courts\$40/hr
Teen Center\$40/hr

Amenities

Arts & Craft Studio has professional pottery wheels and commercial firing kiln.

MP Room has state of the art audio-visual equipment with an adjoining commercial kitchen.

Main Gym is a college size basketball court that can also be used for volleyball, soccer and badminton.

Weight Room has free weights, treadmills and a variety of weight machines.

Dance/Martial Arts Room has a mirrored wall with ballet bar.

Teen Room with pool table, table tennis and foosball. Wireless Internet available.

Mens/Womens Locker Rooms have showers and saunas.

Skate Park has grind boxes w/ grind rails, a flat kinked grind rail, skate table and jump ramp, 2 quarter pipe, 3-sided pyramid w/ stairs/grind ledge/kinked rail, mini half pipe combination, and a custom curved grind rail.

Wireless Internet Available

2020 W 48th Avenue
343-4160 (ph) 248-0859 (fax)

Recreation Supervisor
Teri Desy 343-4297

Facility Manager
Matthew Reed 343-4247

Recreation Programmer
Jennifer Thorne 343-4495

Hours of Operation
Monday–Friday 10a–9p
Saturday 12N-9p
Sunday 12N-5p

Holiday Hours/Closures:

Date	Holiday	Status
Jan 1	New Years Day	Closed
Jan 20	ML King Jr Day	12N-5p
Feb 17	President's Day	12N-5p
May 26	Memorial Day	12N-5p

ACTIVITY FEES

Adult (18 yrs +)	\$3
Punch Card Adult	\$40/15 visits
Youth (11 & under)*	Free
Teen (12-17 yrs)	\$1
Punch Card Teen	\$12/15 visits
Racquetball	\$8/person/hour
Punch Card Racquetball	\$45/7 visits
	\$90/15 visits
Skate Park (Closed for Season)	Free

*Children under 8 must have adult supervision

Facility admission allows access to all amenities, except where additional fees are noted or if an organized class is in session.

Program Listing

Karate and Aikido, Kindergym, Toddle Time, After School Zone, Shotokan Karate, Boxing, Open Badminton & Open Volleyball

Kincaid Outdoor Center

**9401 Raspberry Road
343-6397 (ph) 248-3780 (fax)**

**Recreation Supervisor
Scott O'Brien 343-4475**

**Facility Manager
Brad Cooke 343-6566**

kincaid@muni.org

**Kincaid Outdoor Center
Hours of Operation
Monday–Saturday 12N–8:30p
Sunday 12N–5p**

Holiday Hours/Closures:

Jan 1	New Years Day	Closed
Jan 20	ML King Jr Day	12N–5p
Feb 17	President's Day	12N–5p
May 26	Memorial Day	Closed

Kincaid Park Hours

Raspberry Road Gates: 10a-10p, M-Su

Jodhpur Gate: 10a-9p, M-Su

Raspberry Road Parking Lot: 10a-11p M-Su

Motorcross: Closed for season

Kincaid Program Listing

See staff for a complete list of activities, rentals, classes and special events.



Kincaid Outdoor Center Rental Information

Looking for a place to have your company picnic or activity? Consider Kincaid Park and the Kincaid Chalet. The park has hosted many activities over the years including Olympic Team Selection races for cross country skiing, the 2001 Special Olympics World Winter Games Alaska and the 2009 and 2010 USSA Cross Country Senior National Championships. The comfortable and spacious Kincaid Chalet, besides affording outstanding views, has over 12,000 square feet which can be rented for picnics, parties, weddings, receptions, barbecues, meetings and sporting events. Access to the Tony Knowles Coastal Trail is within yards of the Outdoor Center.

Kincaid Park is 1400 acres of park land with over 40 km of trails to run, bike, walk or ski. Beautiful scenic views of Mt. Susitna, Mt. Denali, Cook Inlet and the Chugach Mountains are to be enjoyed from the park. View many bird species and wildlife in Kincaid Park, and the park is linked to the community via the Tony Knowles Coastal Trail. No motorized machines allowed on trails.

Did You Know?

Up until 1975 Jodhpur Park was once the site of a car crushing operation? In 2010 all cars were removed.

Notices

Archery Range is maintained by Northwest Archers Association. Contact them via www.northwestarchers.com.

Disc Golf Course is maintained by Anchorage Disc Golf Association. Contact them via www.alaskadiscgolf.com.

Paintball is prohibited in all Municipal parks with the exception of South Anchorage Sports Complex. For additional information go to www.907paintball.com.

Lidia Selkregg Chalet



Selkregg Chalet

Dr. Lidia Selkregg Chalet, located in the beautiful 300 acre Russian Jack Springs Park, is where you can experience beautiful panoramic mountain views, city lights, and park like forest settings. This quaint chalet is an ideal place for meetings, parties, weddings, receptions, seminars and special events.

The park includes the Mann Leiser Memorial Greenhouse within the Municipal Greenhouse Complex, Cartee and Russian Jack Springs Softball Complexes, 2 soccer/multi use fields, the Girls Scouts Day Camp, tennis courts, picnic/playground areas, a 9 hole golf course, an off leash dog area, and model train museum - all laced with nine miles of bike and lighted ski trails.

Please call or stop by the facilities for full rental and activity details.

Mann Leiser Memorial Greenhouse

Open M-F 8a-3p, closed on recognized holidays. Rentals are \$150 for all special events (20-25 participants), No evening or after hours events. Contact 343-4717 for availability.

Municipal Greenhouses are open for self-guided tours, weddings and other special occasions. You will find an aviary, small fish pond and park benches, as well as a large variety of tropical plants.

Programs

Ski lessons for children and adults, youth camps, in service day activities, youth and adult special interest classes including photography, snowshoeing and special events.

1600 Lidia Selkregg Lane
343-6992 (ph) 332-1676 (fax)

Recreation Supervisor
Scott O'Brien 343-4475

Assistant Facility Manager
Roger Besh 343-6992

Recreation Programmer
Margaret Timmerman 343-4217

Selkregg Chalet Hours of Operation

Monday-Friday 11a-8p

Saturday 9:30-7p

Sunday 11a-7p

Russian Jack Springs Park Hours

Monday-Sunday 7a-11p

Holiday Hours/Closures:

Jan 1	New Years Day	Closed
Jan 20	ML King Jr Day	12N-5p
Feb 18	President's Day	12N-5p
May 26	Memorial Day	12N-5p

Rentals

The main room can accommodate up to 56 people seated and 123 people standing. The chalet also has a small food service area for your rental to use.

ROOM RENTAL FEE:

- * Main Lodge Room--\$50/hr (includes small kitchenette)
- * Main Lodge Room & Picnic Area--\$65/hr
- * Lower Level Room--\$20/hr
- * Alcohol Waiver--\$264 + room rental

To apply for a rental, forward a facility permit request/ letter of intent to Parks & Recreation, Attn: Lidia Selkregg Chalet, P.O. Box 196650, Anchorage, AK 99519-6650 or fax requests to 332-1676. For requests that include alcohol, an Alcohol Waiver must be submitted as well. See the Parks & Recreation fee schedule for an in depth listing @ www.muni.org/parks



SKATE • CLASSIC • MUNI MASTERS • LITTLE NORDIC

CROSS COUNTRY SKI LESSONS

Join the outdoor gym! The Anchorage Parks and Recreation Department is currently enrolling for winter sessions. Did you know that the fees help support the Parks and Recreation Outreach Ski program? You're giving an opportunity to ski. Thanks! See the opportunities on page 11.

For more information contact
Margaret Timmerman at 343-4217 or TimmermanMA@muni.org