

The background features a gradient from red at the top to blue at the bottom, overlaid with faint, semi-transparent circular patterns and a scale. The scale is a large arc on the left side, with numerical markings from 140 to 260 in increments of 10. Several circular diagrams with arrows are scattered across the background, suggesting a process or cycle.

RESPONDING TO BEHAVIORAL HEALTH CRISES

LOCAL GOVERNMENT & MENTAL HEALTH FIRST RESPONDERS

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INTRODUCTIONS

- Who I am
 - Mental Health State Experience
 - Experience as CEO Psychiatric Facilities
 - Assessment Experience
 - State MH Authority
 - Consulting Company—several Alaska projects (1115 Waiver design, providers, MUNI)
- Why I am here
- What I have been asked to do

INDEPENDENT ADVICE REGARDING MH FIRST RESPONDER PROGRAM

- Crisis Now is the context. 4 components—call center, MCT, crisis observation and stabilization facilities
- Drill down into one component of Crisis Now—Mobile Crisis Team
- We are calling this component the Mental Health 1st Responder System
- Provide series of policy, accountability, model, & financing options for Assembly consideration
- Review existing resources within Municipality

ADVICE = OPTIONS

- What are options for assigning overall accountability of 1st Responder System?
- How many 1st Responder models are out there?
 - What are strengths and limitations of each option?
 - What are costs per option?
- What components of the models already exist in Anchorage?
- What are the design options for the Anchorage 1st Responder System?
- How many financing options are there?
 - Which option is sustainable?

Task	October	November	December	January	February	March
Accountability Options	→					
Existing Resources	→	→				
Models & Design Options	→	→	→			
Financing Options		→	→			
Begin Operations						→

DEFINITION

- **Mobile Crisis Team**—mobile services that provide behavioral health emergency care to individuals experiencing a behavioral health crisis in the community.

FIRST RESPONDER MODELS

- Alternative Emergency Response Models
- Co-Responder Models: Co-Responding with Police, Fire Dept., EMS

ALTERNATIVE EMERGENCY RESPONSE MODELS

- International Model—PAM Stockholm, Sweden
 - Psychiatric Emergency Response Team
 - 1st Mental Health Ambulance
 - Since 2015
 - 2 psychiatric nurses and a paramedic
- Mental Health First—Sacramento, CA
 - Early 2020
 - Consists of hotline & mobile crisis response
 - Staffed by volunteers—crisis intervention specialist, medic, and a safety liaison

ALTERNATIVE MODELS, CONT'D

- CAHOOTS—Eugene/Springfield, OR
 - 31-year old program
 - Mobile crisis intervention team
 - Alternative to police response for non-violent crimes
 - Part of Eugene's emergency response communications system
 - Staff—EMT or Nurse and Crisis Worker (must have several years' MH experience).

CAHOOTS, CONT'D

- Diverts public safety workload—in '19, handled 17% of EPD's calls
- Responds to approximately 24,000 calls/year
- 4 crisis vans, 50 employees, operates 24/7
- Provides immediate stabilization, assessment, information/referral, & advocacy services.
- Saved City of Eugene average of \$8.5 million/year between '14-17.

CAHOOTS, CONT'D

- Implemented or being considered in over a dozen localities throughout the country
 - Denver, CO—Support Team Assisted Response (STAR)
 - Olympia, WA—Crisis Response Unit
 - Oakland—Mobile Assistance Community Responders (MACRO)--delayed
 - Considering: 3 other communities in OR, New York City, Hartford CT, Albuquerque NM, & Indianapolis

CO-RESPONDER MODELS

- Law Enforcement/MH clinician co-responder models
 - Milwaukee, WI—Crisis Assessment Response Team (CART)
 - Houston, TX—Crisis Intervention Response Team (CIRT)
 - El Paso County, CO—Behavioral Health Connect Co-Responder Unit (BHCON)
 - Johnson County, KS—Mental Health Co-Responder Program
 - Kitsap County, WA—BH Outreach Program

CO-RESPONDER MODELS, CONT'D.

- Law Enforcement/MH clinician co-responder models
 - De Kalb County, GA—Mobile Crisis Unit
 - Pima County, AZ—Mental Health Support Team (MHST)
 - Los Angeles, CA—Systemwide MH Assessment Team (SMART)
 - Springfield, MO—Virtual-Mobile Crisis Intervention (V-MCI)
 - International: Victoria, Australia—Police Ambulance and Clinical Early Response (PACER)

CO-REPONDER MODELS, CONT'D

- Fire Department, Law Enforcement and BH Clinician Models
 - Colorado Springs, CO—Community Response Team (CRT)
 - Plymouth County, MA—Plymouth County Outreach
 - Albuquerque, NM—Crisis Outreach and Support Team (COaST)
 - Mental Health Association of Nebraska—Respond, Empower, Advocate, and Listen (REAL)

CO-RESPONDER MODELS, CONT'D.

- Fire Department, Law Enforcement and BH Clinician Models
 - Denver, CO—Crisis Intervention Response Unit
 - Stockholm, Sweden--PAM


CURRENT CRISIS RESPONSE APPROACHES IN ANCHORAGE

- Anchorage Safety Patrol (ASP-AFD)—focus on intoxicated individuals, transport to Anchorage Safety Center until sober
- Crisis Intervention Team (CIT-APD)—CIT trained police officers
- Mobile Intervention Team (MIT-APD)—focus on homeless population
- CORE Team (AFD)—focus on EMS high utilizers

BOTTOM LINE

- Lots of Models
- Next Step is Deep Dive to Assess/Reduce Number
- Then Provide Options for Consideration

THANK YOU
AND
STAY TUNED

The background features a gradient from red to blue with a starry texture. Technical graphics include a large circular scale on the right with numbers from 80 to 220, and several circular arrows and dashed lines scattered across the scene.