



an Alaska Behavioral Health program

A presentation on food security and urban agriculture



This is Our Mission



Alaska Seeds of Change is a joyful and welcoming vocational program that supports young people ages 13-23 to build job skills and personal resiliency while growing fresh produce year-round.

Food Security

We grow food all year round in our hydro system. We help folk see the connection of food from producing it to eating it or sending it out for someone else to eat.



Urban Agriculture

Our greenhouse in midtown provides 8,000 square feet of growing space. Just outside of our greenhouse we have a couple of gardens. .

Our outdoor space



Snack Garden



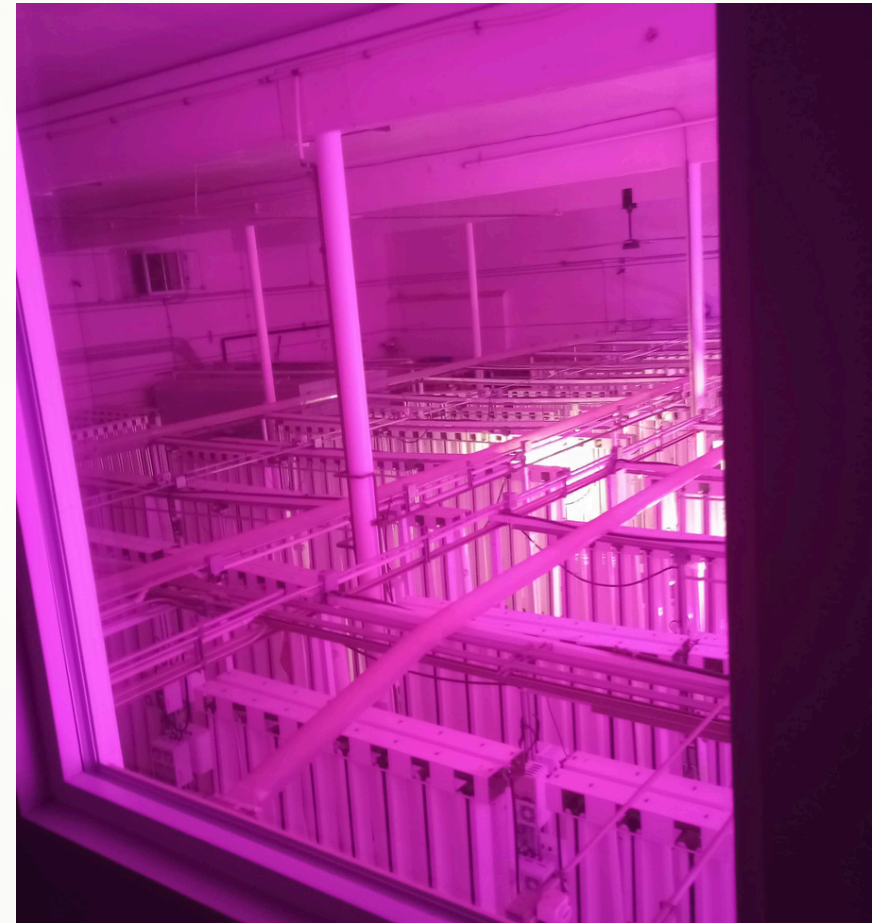
Aroma Therapy Garden



East Bed

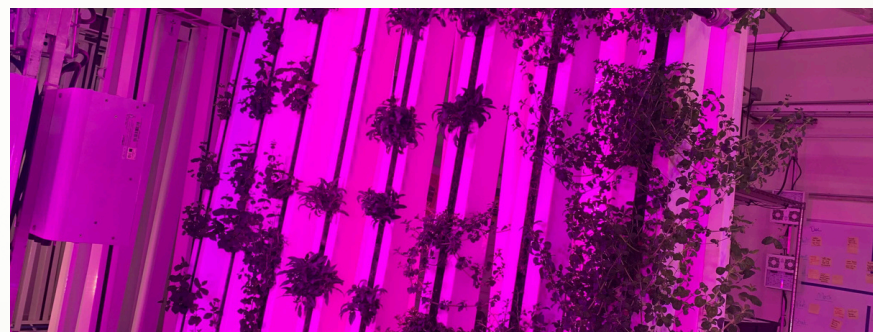


Raised Beds



Our Greenhouse

Our Greenhouse. We seed, we wait, wait some more but in light, we rehome them, we observe, we harvest and we send them out or enjoy them in groups



Groups



As mentioned we got groups. Accessible to folk ages 13-23

- **Tuesday Baking Group**
- **Wednesday Art Group**
- **Thursday Games Group**
- **Friday Cooking Group**

Baking and Cooking group tends to use produce grown in our greenhouse

The Power Center

- **Drop-in center program under AKBH as well accessible for folk between the ages of 13-23**
- **They have food to make or take, a laundry room with clothes to take with you, showers, and just a chill place to hangout**
- **Participants from either program can check out either space.**



One Stop Shop

- Jobsite
- Upstairs Clinical staff
- POWER right next door

