Youth Apprenticeship Program



What We Offer

- Technical job skills
- Resumes & certifications
- Leadership development
- Relaxed farm environment
- Access to clinical services
- Food & housing support
- Professional development time



Our mission is to empower youth!

All in one place - Our farm is adjacent to our youth drop-in center to help meet basic needs and has access to an experienced mental health clinical team.

Supporting success - We are a trauma-informed workplace, meet people where they are, and help young people transition into adulthood!



Contact Us!

Hours: Monday-Friday 11 am - 6 pm

Office Phone: (907) 762-8660

Email: seeds@akbh.org

Location: 704 W. 26th Ave, Anchorage

We welcome anybody to come volunteer! Email, call or stop by our building any Wednesday or Thursday from 1-5pm for more information.



@akseedsofchange



@AKS_oC



A program of Alaska Behavioral Health





an Alaska Behavioral Health program

Visit our Greenhouse!

Open House every
Wednesday & Thursday

IPM - 5PM
No Sign-up Needed

Connect and Grow!

- Join our team
- Earn money or credit
- Volunteer
- Work with plants
- Mental health support

Questions? Contact us!

Phone: (907) 762-8660 Email: <u>seeds@akbh.org</u> Address: **704 W 26th Ave**





Groups And Presentations

The Power Center offers a range of group activities focused on positive peer to peer engagement, creative expression and enhancing social and independent living skills.

- · Baking Group
- Art Group
- · Cooking Group
- · Game Day
- · Educational Trainings

Street Outreach

The Power team utilizes a peer-to-peer strategy to engage with youth in the community. Peer outreach workers serve as mobile resources, informing young people about available services. Staff members carry backpacks stocked with supplies to assist youth in meeting their basic needs.



DROP-IN CENTER

2601 Arctic Blvd., Anchorage, AK Open 11 a.m. - 5 p.m. | Monday – Friday

BEHAVIORAL © HEALTH
alaskabehavioralhealth.org · 907-929-2633





Youth Drop-In Center

Helping youth access resources to engage with their community and lead productive lives | AGES 13-23

2601 Arctic Blvd. | 907-929-2633

Open Mon. - Fri. 11 a.m. - 5 p.m.

Services

The Power Center prioritizes creating an inclusive environment dedicated to fostering positive youth development and promoting the overall wellbeing of young individuals.

- · Job Search
- · Housing Assistance
- Food Pantry
- Hygiene
- Clothing
- · Emancipation Help



FIND US ON FACEBOOK



FIND US ON INSTAGRAM

Children & Families

Anchorage: 907-561-0954 Fairbanks: 907-371-1300

We work with children & families with a wide range of mental health needs and to address problem behaviors.

- Telehealth, clinic, school and community-based therapy, psychoeducation and skill development services; integrated child psychiatry as needed
- Trauma-informed care and trauma training through the Alaska Child Trauma Center
- Partial Hospitalization Program for children ages 9-11
- Programs for transition-age youth including vocational training through Alaska Seeds of Change and the POWER Center drop-in program

Adults

Anchorage: 907-563-1000 Fairbanks: 907-371-1300

We provide outpatient services to adults experiencing a wide range of mental health issues:

- · Telehealth and clinic-based servcies
- · Case management & skill development
- · Partial Hospitalization Program (PHP)
- Intensive Case Management and Residential programs for those needing additional support

Steven A. Cohen Military Family Clinic

907-762-8668

The Cohen Clinic serves post-9/11 veterans and their families and active duty military families (including National Guard and Reserves) regardless of discharge status, role, or ability to pay.





Serving Alaskans in Anchorage since 1974 and Fairbanks since 2013 as Anchorage and Fairbanks Community Mental Health Services



Comprehensive behavioral health services for all ages including:

- · Diagnosis and assessment
- · Individual and group therapy
- · Psychiatric care/medication management
- Internal medicine/primary care for our clients
- Skill development
- · Home and community-based services



www.alaskabehavioralhealth.org