

A Slice of Lasagna Gardening

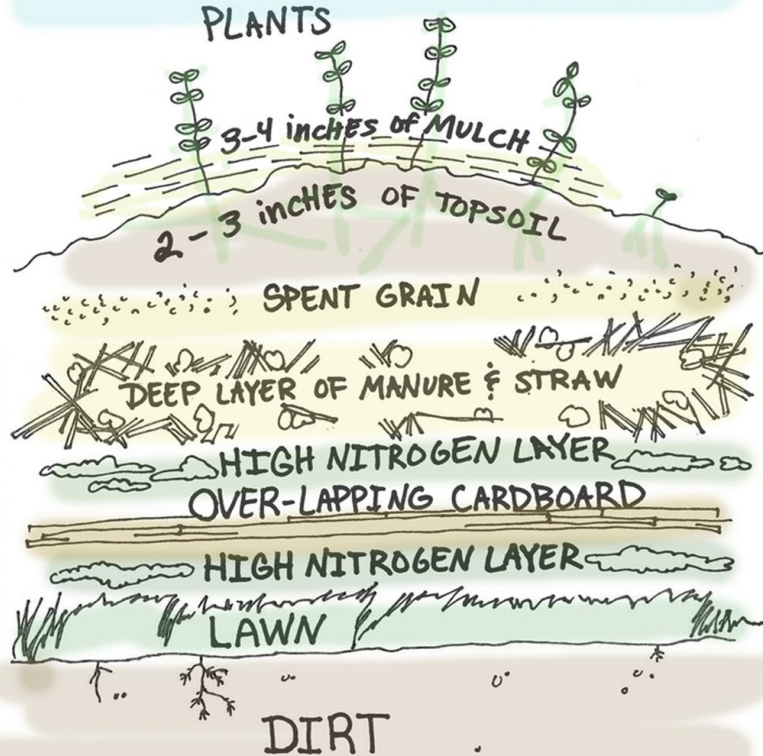
Grow Your Own
Delicious Garden



Larissa Wright-Elson

PERMACULTURE STYLE LASAGNE GARDEN*

"Building organic rich soil for free using local materials"



* OVER SIMPLIFICATION OF PROCESS: BUILD COMPOST PILE & PLANT IT

Ingredients

- ★ Carbon materials
- ★ Nitrogen materials

What do you have around?

Directions

Layer your ingredients, alternating carbon and nitrogen layers

Add water between each layer with your hose to start “cooking” your lasagna

Your ingredients simmer for a season and reduces to garden soil



Recipe Notes

Choose a location with good sunlight.

Layer cardboard to smother existing vegetation.

Alternate layers of "brown" and "green" materials, like building a lasagna.

Water each layer thoroughly.

Top with a layer of compost

Plant your seedlings or seeds!



Just becomes gardening - you made your own soil

Plant selection: Choose plants that thrive in your climate and soil conditions.

Watering: The layers help retain water. Water regularly, especially during dry periods.

Mulching: Add a layer of mulch to retain moisture and suppress weeds.

Feeding: Add compost or other organic fertilizers as needed.



Renewal